

## **FAQ'S For Potential Re:Generation Mentors**

### **What is Re:Generation**

In short, re:generation is a discipleship program. In the coming months, *re:generation* participants will work through a biblical 12-step recovery process: salvation, confession, repentance, forgiveness, amends, reconciliation, intimacy with God and The Great Commission. This discipleship happens in small groups of participants working with leaders, recovery partners and mentors to take the each step of healing one step at a time. It is the same sanctification process that all Christians should experience as we grow in our relationship with God and he transforms us to be more like Jesus.

### **What is a Re:Generation Mentor**

A *re:generation* mentor is a guide outside of the step group who is granted authority by a participant to speak into his or her life for the sake of spiritual growth. The requirements for mentorship are that the person be a committed Christian of the same sex who has a biblical foundation for life and a clear understanding of the gospel. Mentors are not expected to fix participants. God is the one who heals people through His Word and The Holy Spirit. A mentor's job is to encourage, speak biblical truth with grace and show Christ-like love to the participant as he or she works through the steps.

### **Who Makes A Good Re:Generation Mentor**

- The most effective mentors are those who will commit time to pray for the participant, themselves and the *re:generation* ministry. They trust God as the source of healing and lean on God's Word for counsel.
- A good mentor is someone who is willing to actively work with the participants' group leaders and recovery partners to support the participant.
- Mentors should be someone who agrees with the re:generation beliefs and is willing to support the re:generation practices. (Attached.)
- Walking with someone through re:generation is an honor, privilege and time commitment. Mentors should have the time to meet with their participant in person at

*Continued on back*

a *minimum* of once/month and also be willing to have continual contact weekly on some level with the participant. (This could be in person meetings, phone calls, texts, etc.)

- Although exceptions are occasionally made, it's best when mentors are not immediate family members and live locally.
- Great mentors are willing to be a voice pointing the participant towards truth and God's word.

## **Re:generation Beliefs and Practice**

### **Our Beliefs**

- *The Trinity*: one God eternally exists in three persons: Father, Son and Holy Spirit (Matthew 28:19).
- *The Bible*: the inspired word of God, useful for teaching, reproof, correction, training in righteousness, so we may be complete and equipped for every good work (2 Timothy 3:16).
- *Life Change*: God transforms lives, not a program. Salvation is a gift through faith in Christ alone. Full-devotion to Christ brings freedom (John 4:14). Sobriety is only a marker on the journey to full recovery.
- *Authentic Community*: The Body of Christ (via local church) should be the place of healing for hurting people in a broken world (Matthew 11:28-30). A truthful, safe, loving Christ-centered community is critical for the health of individuals, the Church and society (Galatians 6:2).
- *Discipleship*: a commitment to help people heal, move out of isolation into a healthy Body of Christ and equip them to fulfill God's call on their lives.

### **Our Practice**

- *Practice the 12-steps of re:generation*: modified steps reflect biblical sanctification: salvation, confession, repentance, forgiveness, amends, intimacy with God, reconciliation and discipleship.
- *Connect with God Daily*: daily lessons provide opportunities to know God more each day of recovery.
- *Grow Together in Community*: authentic mixed-issue groups focus on recovering hearts from the idols which lead to sinful behavior patterns and restoring hearts to worship Christ alone.
- *Memorize Scripture and Pray*: spiritual discipline critical to leadership and participant transformation.
- *Live in the Light*: a safe environment to share but not a safe harbor for unrepentant sin. Groups openly confess sin, speak the truth in love, do justice, love mercy and guard against gossip as they handle conflict biblically (Matthew 18:15-17).
- *Make Disciples*: Christ frees us to know, love and glorify God (Isaiah 61:1-6). Living out The Great Commission as the result of a changed life is integral to full recovery.

# Recovery Foundations

## The Gospel

### Why We All Need Re:generation

#### **The Problem – Sin**

Romans 3:23, “For all have sinned and fall short of the glory of God.”

Sin is any attitude or action that violates the standard of God (holiness, perfection, etc.). Each one of us enters the world, and leaves the world, a sinner. Sin is the universal problem and it separates us from God.

#### **The Penalty – Death**

Romans 6:23, “For the wages of sin is death,...” *See Also: Romans 5:12*

God’s standard for us is perfection. This standard is non-negotiable, and He would not be just if he did not judge us for our sin. Our sin is so offensive to God that it breaks our relationship with Him and He judges sin with death. Death is, in effect, the wage for the work (sin) that we have done. We have earned it. Biblically, death is equivalent to eternal separation from God.

#### **The Solution – Jesus Christ**

Romans 5:8, “But God demonstrates His love toward us, in that while we were still sinners, Christ (Jesus) died for us.” *See Also: 2 Corinthians 5:21; 1 John. 4:10*

Jesus lived on earth being both fully God and fully man. He lived a life free from any sin, and then He died for our sins so that when we trust in Him for forgiveness of sins we will have a restored relationship with God. His sinless life uniquely qualified Him to be our substitutionary sacrifice. Jesus literally took the sins of the world (past, present, and future) on Himself, paying the penalty and accepting the wages we deserve.

#### **The Salvation – By Grace Through Faith**

Acts 15:11, “...it is through the grace of our Lord Jesus (God) that we are saved,” *See Also: Ephesians 2:8*

The substitutionary death of Jesus allows us to be reconciled to God. When we trust that Jesus is the only possible provision for forgiveness of our sins, we are saved—reconciled with God. When we trust Jesus for the forgiveness of our sins, we are agreeing with God that sin is wrong; we are changing our minds about sin and committing to turn to God as the authority for our lives. Our sins are forgiven when we trust Jesus in this manner, we have a restored relationship with God, and we have assurance of eternal life.

#### **By Grace Through Faith = Not By Works**

Ephesians 2:8-9, “For it is by grace you have been saved, through faith...not by works, so that no one can boast.” *See Also: 1 Peter 3:18; Titus 3:5; 2 Timothy 1:9; Hebrews 9:25-26*

To say that salvation is “by grace” demands that salvation is not earned or merited by any human effort. It is the gift of God’s grace which yields for us eternal life. John 3:16, “For God so loved the world that he gave his one and only Son (Jesus), that whoever believes (trusts) in Him shall not perish but have eternal life.”